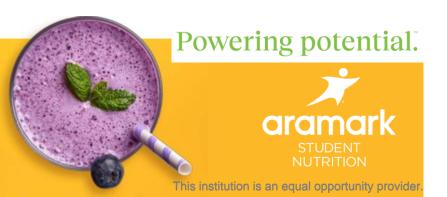


All Breakfast Must Include Choice of:
One Grain, Fruit
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

- *Made to Order Omelet Station- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- *Bacon, Egg & Cheese Sandwich- on wheat Bread
- *Meatless Egg & Cheese Sandwich- on Sliced Wheat Bread
- *Wheat French Toast Sticks- Served with 100% Maple Syrup
- *Wheat Pancakes Served with 100% Maple Syrup
- *<u>Yogurt Parfait</u>- Greek Vanilla Yogurt, Fresh blueberries & Granola
- *Bagel Meal Bagel, 2 Cheese Stick and Fruit
- *<u>DAILY VEGETABLES</u> Hash Brown/Tater Tots offered daily
- *Available Daily Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations

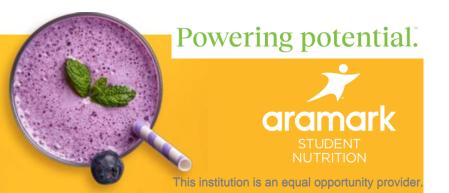
Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

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Irvington High School and Middle School Menu



Daily Offerings

Available every day!

- *<u>ACTION STATION</u>- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- *Grab n Go STATION- Burgers & Chicken Sandwiches on a Bun
- *SMOOTHIE STATION- Yogurt blended with fruit and granola
- *Acai Bar- Acai berry with choice of various toppings
- *<u>DELI STATION</u> Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- *DAILY VEGETABLES Carrot Sticks and Celery Sticks offered daily
- *GOURMET PIZZA STATION- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- *WEDNESDAY BBQ Beef Burger, Hot Dog, Veggie Burger w/
 Toppings
- * SALADS Grilled chicken Caesar salad
- * Apples, Oranges, Banana, Watermelon, Cantaloupe, Honeydew, Grapes, Strawberry, Blueberries and Pears



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Gluten Free items are available. Please ask servers to identify items.

Adult Lunch

S5.50 (Includes tax)





November 2025 IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 3-7

MONDAY

Home Made Waffles Chicken Sausage 100% Maple Syrup

TUESDAY

Superintendent's Conference Day

No Students

WEDNESDAY

Chicken General Tso's With Vegetables

Blueberries

FRIDAY

Chicken Parm Sub *
Sandwich

Steamed Broccoli Watermelon

THURSDAY

Turkey Barbacoa Quesadilla * With Sour Cream and Salsa

Baked Sweet Potatoes Orange

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

Menus are subject to change. Items with a (P) contain pork.* Bread or breaded items contain milk or soy.





November 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 10-14

MONDAY

TUESDAY

Meatless Monday

School Closed

Fish Tacos With Salsa, Sour Cream

Brown Rice & Black Beans Cantaloupe

WEDNESDAY

THURSDAY

Beef Nachos* Sour Cream and Salsa

Marinara Sauce*

Spinach Salad Sliced Apple

Butternut Squash Strawberries

Pizza Stick with

FRIDAY

Chicken Quesadilla

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

Rainbow Vegetables Banana



All food is free from hydrogenated oils, high fructose corn

syrup, preservatives, and artificial dyes. Grains served are

whole grain per National School Lunch guidelines.

If you have any Question/Concerns **Special Dietary Needs Please email**

Gluten Free items are available. Please ask servers to identify items.

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November 2025 IRVINGTON HIGH/MIDDLE SCHOOL

November 17-21

MONDAY

Chicken Parm
Spaghetti with Butter

Cauliflower Blueberries

TUESDAY

WEEKLY LUNCH MENU

Breakfast For Lunch French Toast * Scrambled Eggs, Bacon

> Steamed Carrots Honeydew

WEDNESDAY

Pulled Pork Cuban Sandwich Brown Rice

> Roasted Broccoli Banana

THURSDAY

Grilled Cheese Tomato Soup

Cucumbers Apple

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And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

Special Dietary Needs Please email gloria.estrada@irvingtonschools.org

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If you have any Question/Concerns



FRIDAY

Nachos Tater Tots*

Topped with Cheddar Cheese

Roasted Zucchini Cherry Tomatoes Fresh Pear

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.





November 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 24-28

MONDAY

Chicken Corn Dog Mac and Cheese

Spinach Salad Grapes

WEDNESDAY

EARLY DISMISSAL NO LUNCH

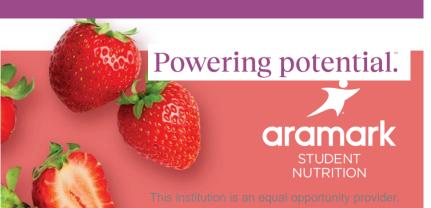
TUESDAY

Beef Nachos*
Served with Cheese Sauce
Sour cream

Butternut Squash Pear

THURSDAY

SCHOOL CLOSED



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syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

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FRIDAY

SCHOOL CLOSED

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones