

Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

- * Made to Order Omelet Station- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- * Bacon, Egg & Cheese Sandwich- on wheat Bread
- * Meatless Egg & Cheese Sandwich- on Sliced Wheat Bread
- * Wheat French Toast Sticks- Served with 100% Maple Syrup
- * Wheat Pancakes – Served with 100% Maple Syrup
- * Yogurt Parfait- Greek Vanilla Yogurt, Fresh blueberries & Granola
- * Bagel Meal - Bagel, 2 Cheese Stick and Fruit
- * DAILY VEGETABLES – Hash Brown/Tater Tots offered daily
- * Available Daily – Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations



All Breakfast Must Include Choice of:
One Grain, Fruit
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

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This Institution is an equal opportunity provider.

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



Irvington High School and Middle School Menu



Daily Offerings

Available every day!

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn
syrup, preservatives, and artificial dyes. Grains served are
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***ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add
vegetables of choice and diced chicken.

***Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun

***SMOOTHIE STATION**- Yogurt blended with fruit and granola

***Acai Bar**- Acai berry with choice of various toppings

***DELI STATION** - Made to Order Sandwiches with Boars Head
products. Panini press option for a hot variation.

***DAILY VEGETABLES** - Carrot Sticks and Celery Sticks offered daily

***GOURMET PIZZA STATION**- Specialty Pizzas Daily along with
Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella
Cheese Stromboli

***WEDNESDAY BBQ** - Beef Burger, Hot Dog, Veggie Burger w/
Toppings

* **SALADS** – Grilled chicken Caesar salad

* Apples, Oranges, Banana, Watermelon, Cantaloupe, Honeydew,
Grapes, Strawberry, Blueberries and Pears

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November 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 3-7

MONDAY

Home Made Waffles
Chicken Sausage
100% Maple Syrup

TUESDAY

Superintendent's
Conference Day

No Students

WEDNESDAY

Chicken General Tso's
With Vegetables

Blueberries

THURSDAY

Turkey Barbacoa Quesadilla *
With Sour Cream and Salsa

Baked Sweet Potatoes
Orange

FRIDAY

Chicken Parm Sub *
Sandwich

Steamed Broccoli
Watermelon

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Milk with no rBST or artificial
hormones

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Gluten Free items are available. Please ask servers to identify items.

[Student Lunch Meal \\$4.25](#)

[Adult Lunch](#)

[\\$5.50 \(Includes tax\)](#)

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November 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 10-14

MONDAY

Meatless Monday

Fish Tacos
With Salsa, Sour Cream

Brown Rice & Black Beans
Cantaloupe

WEDNESDAY

Beef Nachos*
Sour Cream and Salsa

Spinach Salad
Sliced Apple

FRIDAY

Chicken Quesadilla

Rainbow Vegetables
Banana

TUESDAY

School Closed

THURSDAY

Pizza Stick with
Marinara Sauce*

Butternut Squash
Strawberries

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IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 17-21

MONDAY

**Chicken Parm
Spaghetti with Butter**

**Cauliflower
Blueberries**

TUESDAY

**Breakfast For Lunch
French Toast *
Scrambled Eggs, Bacon**

**Steamed Carrots
Honeydew**

WEDNESDAY

**Pulled Pork Cuban Sandwich
Brown Rice**

**Roasted Broccoli
Banana**

THURSDAY

**Grilled Cheese
Tomato Soup**

**Cucumbers
Apple**

FRIDAY

**Nachos Tater Tots*
Topped with Cheddar Cheese**

**Roasted Zucchini
Cherry Tomatoes
Fresh Pear**

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IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

November 24-28

MONDAY

Chicken Corn Dog
Mac and Cheese

Spinach Salad
Grapes

TUESDAY

Beef Nachos*
Served with Cheese Sauce
Sour cream

Butternut Squash
Pear

WEDNESDAY

EARLY DISMISSAL
NO LUNCH

THURSDAY

SCHOOL CLOSED

FRIDAY

SCHOOL CLOSED

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